

Product Information: Similac® Advance® 20

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Advance® 20

Infant Formula with Iron

- 1 A 20 Cal/fl oz, nutritionally complete, milk-based, iron-fortified infant formula for use as a supplement or alternative to breastfeeding.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breastmilk.
 - DHA for brain development.
 - Lutein to support eye health.
 - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
 - Carotenoids naturally found in breast milk.
- 1 Clinically proven tolerance in newborns and proven immune outcomes.
- 1 Similac Advance has been clinically shown to support greater calcium absorption* for strong bones.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

* Similac® with Iron vs Enfamil® with Iron. Enfamil is not a trademark of Abbott Laboratories.

Ingredients

Powder Unflavored:

Nonfat Milk, Lactose, Whey Protein Concentrate, High Oleic Safflower Oil, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Soy Lecithin, Potassium Chloride, Magnesium Chloride, Ferrous Sulfate, Choline Bitartrate, Choline Chloride, Ascorbyl Palmitate, Salt, Taurine, m-Inositol, Zinc Sulfate, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, L-Carnitine, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Calcium Phosphate, Potassium Phosphate, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

Allergens: Contains milk and soy ingredients.

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Availability

List Number	Item
53363	Similac Advance 20 Stage 1 Ready to Feed / 1-QT (946-mL) bottle / 6 ct
53498	Similac Advance 20 Stage 1 Ready to Feed / 1-QT (946-mL) bottle / 6 ct
53526	Similac Advance 20 Stage 1 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 12 ct
55957	Similac Advance 20 Stage 1 Powder / 12.4 oz (352-g) can / 6 ct
56168	Similac Advance 20 Stage 1 Ready to Feed / 1-QT (946-mL) bottle / 8 ct
56973	Similac Advance 20 Stage 1 Concentrated Liquid / 13-fl-oz (384-mL) can / 12 ct
58605	Similac Advance 20 Stage 1 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 4 x 6 ct
59952	Similac Advance 20 Stage 1 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 24 ct
62811	Similac Advance 20 Stage 1 Powder / 0.61-oz (17.4-g) packet / 4 x 16 ct

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Nutrition Information - Powder Unflavored

	100 Cal [*]	1000 mL [*]
	Value	Value
Calories	100	676
Volume, mL	148	1000
Protein, g	2.07	14.00
Fat, g	5.60	37.8
Carbohydrate, g	10.71	72.4
Water, g	133	899
Linoleic Acid, mg	1000	6757
Potential Renal Solute Load, mOsm	18.7	126.7
Vitamin A, IU	300	2029
Vitamin D, IU	75	507
Vitamin E, IU	1.5	10.1
Vitamin K, mcg	8	54
Thiamin (Vitamin B1), mcg	100	676
Riboflavin (Vitamin B2), mcg	150	1014
Vitamin B6, mcg	60	406
Vitamin B12, mcg	0.25	1.69
Niacin, mcg	1050	7101
Folic Acid (Folacin), mcg	15	101
Pantothenic Acid, mcg	450	3043
Biotin, mcg	4.4	29.8
Vitamin C (Ascorbic Acid), mg	9	61
Choline, mg	16	108
Inositol, mg	4.7	31.8
Calcium, mg	78	528
Calcium, mEq	3.9	26.3
Phosphorus, mg	42	284
Magnesium, mg	6	41
Iron, mg	1.8	12
Zinc, mg	0.75	5.07
Manganese, mcg	5	34
Copper, mcg	90	609
Iodine, mcg	6	41
Selenium, mcg	2	14
Sodium, mg	24	162
Sodium, mEq	1.04	7.1
Potassium, mg	105	710
Potassium, mEq	2.7	18.2
Chloride, mg	65	440
Chloride, mEq	1.8	12.4

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Powder Unflavored Footnotes & References

Per 100 Cal*

*Nutrient values are applicable when prepared as directed.

Per 1000 mL*

*Nutrient values are applicable when prepared as directed.

Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.

0.61-oz powder packet

- 1 Pour **4 fl oz** of water into clean bottle.
- 1 Slowly add one powder single (17.4 g) to bottle.
- 1 Cap bottle; shake very well; attach nipple and ring.
- 1 Once feeding begins, **use within 1 hour or discard.**

12.4-oz can, 1.93-LB SimplePac container

- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.7 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Concentrated Liquid

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Rinse can lid; shake very well; open with a clean punch-type opener.
- 1 Pour equal amounts of formula and water into bottle.
- 1 Attach nipple; swirl gently to mix.
- 1 Once feeding begins, **use within 1 hour or discard.**

Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz bottle

- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on nipple and ring.

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- 1 No need to warm before feeding.
- 1 Once feeding begins, **use within 1 hour or discard.**

8-fl-oz On-the-go bottle

- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on clean nipple and ring.
- 1 No need to warm before feeding.
- 1 Once feeding begins, **use within 1 hour or discard.**
- 1 For use in a different feeding container (cup or bottle):
 - 1 Ask your baby's doctor if you need to boil (sterilize) the empty bottles before adding formula.
 - 1 Pour desired amount into clean feeding container.
 - 1 Recap bottle, refrigerate and **use within 48 hours.**

1-QT bottle

- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band, twist off and clean cap. **Do not use if band around cap or inner foil seal is damaged.**
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard**
- 1 Prepare and feed all formula from the 1-QT container **within 3 days after opening.**

Storage & Handling

Powder

0.61-oz powder packet

- 1 Once mixed, feed immediately or cover and refrigerate; **use within 24 hours.**
- 1 Store unopened packets at room temperature; avoid extreme temperatures.

12.4-oz can, 1.93-LB SimplePac container

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**
- 1 Do not reuse container.

Concentrated Liquid

- 1 Cover opened cans and prepared formula not used immediately. Store in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened cans at room temperature; avoid extreme temperatures.

Ready to Feed

2-fl-oz bottle & 8-fl-oz bottle

- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.
- 1 **Protect from light.**
- 1 **Store in carton until ready to use.**

1-QT bottle

- 1 Once opened, store quart bottle in refrigerator
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.

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