

Product Information: Pedialyte® Liters

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Pedialyte® Liters

Oral Electrolyte Maintenance Solution

- 1 To quickly replace vital minerals and nutrients lost during diarrhea and vomiting to help prevent dehydration in infants and children; for maintenance of water and electrolytes following corrective parenteral therapy for diarrhea.
- 1 Use under medical supervision for the dietary management of dehydration during diarrhea and vomiting.
- 1 Ready to use.
- 1 Promotes fluid absorption more effectively than common household beverages.
- 1 Provides glucose to promote sodium and water absorption.
- 1 Helps replenish zinc lost during diarrhea.
- 1 Unflavored liquid available for young infants.
- 1 Great-tasting flavors to help enhance compliance in older infants and children.
- 1 Reclosable plastic liter bottles allow easy measuring and pouring.
- 1 Low osmolality (270 mOsm/kg H₂O for flavored; 250 mOsm/kg H₂O for unflavored).
- 1 Kosher.
- 1 Halal (certain flavors).
- 1 Contains no fruit juice.



Safety Precautions

- 1 No mixing or diluting is necessary or recommended.

Ingredients

Liquid Unflavored:

Water, Dextrose. Less than 2% of the Following: Potassium Citrate, Salt, Sodium Citrate, Citric Acid, and Zinc Gluconate.

Availability

List Number	Item
00240	Pedialyte Liquid Grape / 1.1-QT (1-L) bottle / 8 ct
00336	Pedialyte Liquid Unflavored / 1.1-QT (1-L) bottle / 8 ct
00365	Pedialyte Liquid Mixed Fruit / 1.1-QT (1-L) bottle / 8 ct
51752	Pedialyte Liquid Bubble Gum / 1.1-QT (1-L) bottle / 8 ct
53983	Pedialyte Liquid Strawberry / 1.1-QT (1-L) bottle / 8 ct
59892	Pedialyte Liquid Unflavored Institutional / 2 fl oz (59 mL) bottle / 48 count

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Nutrition Information - Liquid Unflavored

	2 fl oz	8 fl oz (237 mL)	1 L
	Value	Value	Value
Osmolality, mOsm/kg H ₂ O	250	250	250
Sodium, mEq	2.7	10.6	45
Potassium, mEq	1.2	4.7	20
Chloride, mEq	2.1	8.3	35
Zinc, mg	0.5	1.85	7.8
Dextrose, g	1.5	5.9	25
Calories	6	24	100

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Preparation

Administration Guide for Infants and Young Children

Age	Approximate Weight ¹		PEDIALYTE for Maintenance ²
	lb	kg	fl oz/day
Weeks			
2	9	4.0	16 to 20
Months			
3	14	6.4	30 to 34
6	18	8.2	36 to 42
9	21	9.5	39 to 45
Years			
1	23	10.5	42 to 47
1½	26	11.8	47 to 52
2	28	12.7	48 to 53
2½	30	13.6	51 to 56
3	32	14.4	53 to 57
3½	34	15.3	54 to 57
4	36	16.3	55 to 59

Administration Guide does not apply to infants younger than 1 week of age. For children older than 4 years of age, maintenance intakes may exceed 2 liters daily. If there is vomiting or fever, or if diarrhea continues beyond 24 hours, consult the child's physician.

¹ Weight based on the 50th percentile of weight for age for boys from the National Center for Health Statistics (NCHS) Centers for Disease Control and Prevention (CDC) growth charts. Kuczmarski RJ, Ogden CL, Grummer-Strawn LM, et al: CDC Growth Charts: United States. Data from Vital and Health Statistics of the Centers of Disease Control and Prevention/National Center for Health Statistics. *Advance Data*, no. 314, December 4, 2000.

² Fluid intake is total fluid requirement from oral electrolyte solution, formula, or other fluids, but does not take into account ongoing stool losses. Fluid loss in the stool should be replaced by consumption of an extra amount of Pedialyte equal to stool losses, in addition to the fluid maintenance requirement in the Administration Guide.

Dosage

Refer to Administration Guide to restore fluid and minerals lost in diarrhea and vomiting. Pedialyte should be offered frequently in amounts tolerated. Total daily intake should be adjusted to meet individual needs, based on thirst and response to therapy. The suggested intakes for maintenance are based on water requirements for ordinary energy expenditure. (Extrapolated from Barness LA, Curran JS: Nutrition, in Nelson WE (sr ed), Behrman RE, Kliegman RM, Arvin AM (eds): *Nelson Textbook of Pediatrics*, ed 15. Philadelphia: WB Saunders Co, 1996, pp 141-143.)

Ready to Use

- 1 Tastes best served cold.
- 1 Do not add water or dilute.

Usage

- 1 For infants under 1 year of age: Consult your doctor.
- 1 For children 1 year and older and adults: Begin with small frequent sips every 15 minutes, increasing serving size as tolerated. Continue

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for as long as diarrhea is present.

- 1 To maintain proper hydration, 1-2 liters (32 to 64 fl oz) of Pedialyte may be needed per day. Consult your doctor if vomiting, fever, or diarrhea continues beyond 24 hours or if consumption needs are greater than 2 liters (64 fl oz) per day.

Storage & Handling

Instructions

- 1 Do not use if printed band around cap or inner foil seal is missing or broken.
- 1 Remove protective band and twist off cap.
- 1 Remove and throw away protective foil seal.
- 1 After opening, replace cap, refrigerate and **use within 48 hours**.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 Do not reuse bottle.

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