

## **Product Information: RCF®**

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RCF®

No Added Carbohydrate Soy Infant Formula Base With Iron

- 1 For use in the dietary management of patients unable to tolerate the type or amount of carbohydrate in milk or conventional infant formulas; or seizure disorders requiring a ketogenic diet.
- 1 Use under medical supervision.
- 1 The only commercial infant formula available for the dietary management of seizures in infants.
- 1 Formulated to allow physician to prescribe type and amount of carbohydrate (that can be tolerated) with the assurance that other nutrient needs will be met.
- 1 Soy protein isolate to avoid symptoms of cow's-milk-protein allergy or sensitivity.
- 1 1.8 mg of iron (as ferrous sulfate) per 100 Cal if carbohydrate is added to make a 20 Cal/fl oz feeding.
- 1 L-carnitine (3 mg/100 mL) and taurine (12 mg/100 mL).
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



Safety Precautions

- 1 **Never use a microwave oven to prepare or warm formula.** Serious burns can result.
- 1 Ketogenic Diet: Added carbohydrate may not be recommended. Follow physician's instructions.

Ingredients

Concentrated Liquid Unflavored:

Water (88%), Soy Protein Isolate (5%), High Oleic Safflower Oil (3%), Soy Oil (2%), Coconut oil (2%). Less than 1% of the Following: Calcium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Monoglycerides, Soy Lecithin, Carrageenan, Salt, L-Methionine, Ascorbic Acid, Potassium Hydroxide, Choline Chloride, Taurine, m-Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Niacinamide, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Beta-Carotene, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

**Allergens:** Contains soy ingredients.

Availability

List Number	Item
00108	RCF Concentrated Liquid / 13-fl-oz (384-mL) can / 12 ct

Nutrition Information - Concentrated Liquid Unflavored

	100 mL Unreconstituted	100 Cal Prepared*
	Value	Value
Volume, mL	100	148
Protein, g	4.0	3.0
Fat, g	7.2	5.3
Carbohydrate, g	0.07	10.1
Water, g	88	133
Calories	81	100
Linoleic Acid, mg	1352	1000
Vitamin A, IU	405	300
Vitamin D, IU	81	60
Vitamin E, IU	2.0	1.5
Vitamin K, mcg	15	11
Thiamin (Vitamin B1), mcg	80	60
Riboflavin (Vitamin B2), mcg	120	90
Vitamin B6, mcg	80	60
Vitamin B12, mcg	0.6	0.4
Niacin, mcg	1800	1350
Folic Acid (Folacin), mcg	20	15
Pantothenic Acid, mcg	1000	750
Biotin, mcg	6.1	4.5
Vitamin C (Ascorbic Acid), mg	12	9
Choline, mg	15.7	12
Inositol, mg	6.5	5
Calcium, mg	140	105
Phosphorus, mg	100	75
Magnesium, mg	10.0	7.5
Iron, mg	2.4	1.8
Zinc, mg	1.0	0.75
Manganese, mcg	34	25
Copper, mcg	100	75
Iodine, mcg	20.3	15
Selenium, mcg	2.4	1.8
Sodium, mg	59.1	44
Sodium, mEq	2.6	1.9
Potassium, mg	146	108
Potassium, mEq	3.7	2.8
Chloride, mg	83	62
Chloride, mEq	2.3	1.8

Concentrated Liquid Unflavored Footnotes & References

Per 100 Cal Prepared\*

\*54 g of carbohydrate, 12 fl oz of water are mixed with 13 fl oz of RCF; yields 26 fl oz.

Preparation

Concentrated Liquid

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's physician if you need to boil (sterilize) bottle, nipple and ring before use.

For 20 Cal/fl oz Formula:

- 1 Use the type and amount of carbohydrate specified by your physician (see table below).
  - 1 Dissolve carbohydrate in 12 fl oz of water, cover and bring to a boil. Keep covered; allow to cool.
  - 1 Rinse can lid and shake **very well**. Open with clean punch-type opener.
  - 1 Add RCF to cooled carbohydrate solution prepared in step 1. Mix and pour into bottles (or cup).
  - 1 Once feeding begins, **use within 1 hour or discard**.

For 54 g of carbohydrate, add one of the following:

Table Sugar (Sucrose)	4 Level Tbsp
Fructose Powder	4 Level Tbsp
Dextrose Powder (Hydrous)	6 Level Tbsp

Storage & Handling

Concentrated Liquid

- 1 Cover opened can, refrigerate and **use within 48 hours**.
- 1 Store prepared formula in the refrigerator and **feed to baby within 48 hours**
- 1 Store unopened product at room temperature; avoid extreme temperatures.