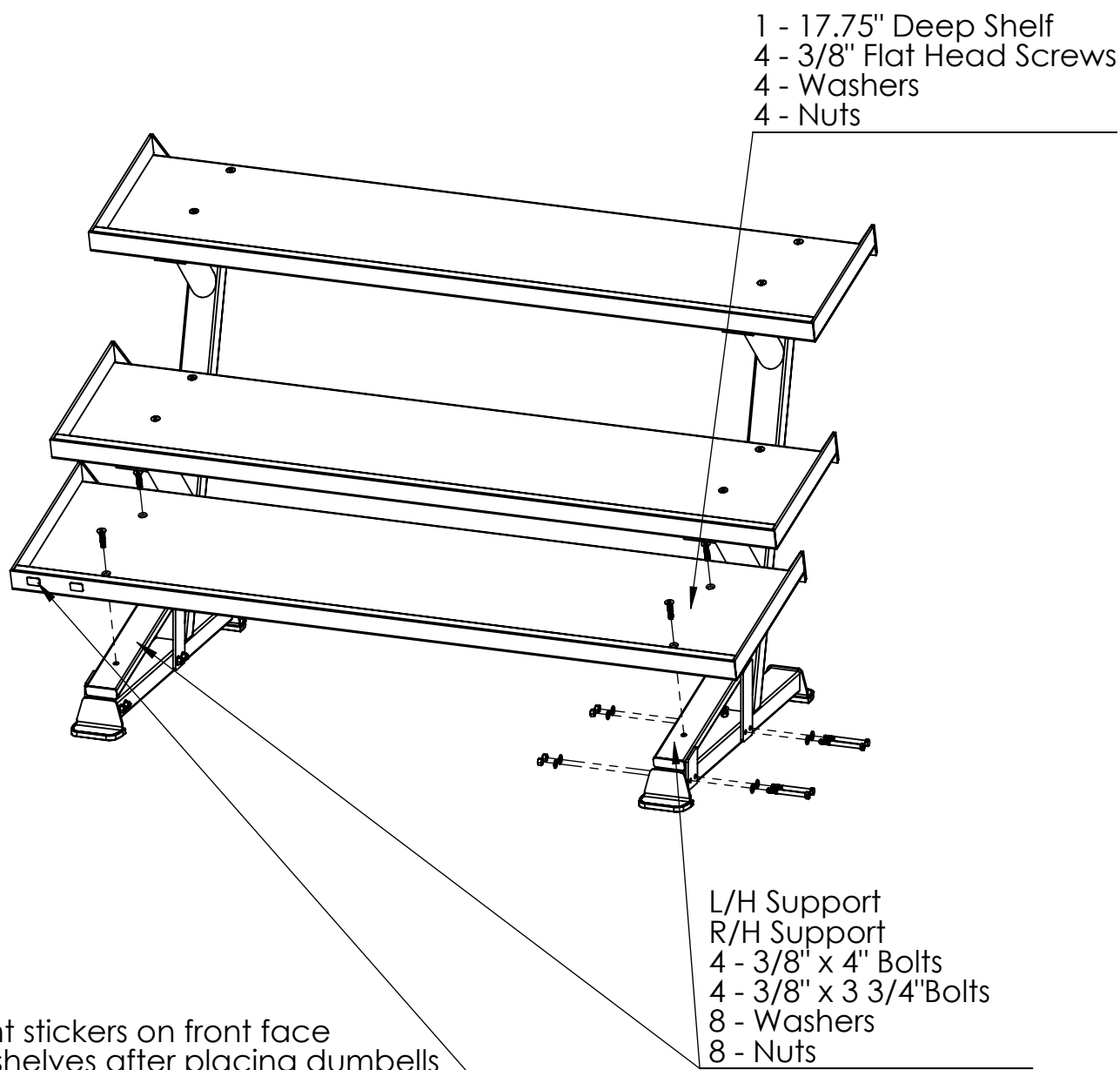


Optional Third Tray Assembly Instructions



Note:

Attach weight stickers on front face of dumbbell shelves after placing dumbbells

Note for 5 - 75 Hex Dumbbells:

Place one pair 5 through 30lb dumbbells plus one 35lb dumbbell on top shelf.
Place one 35lb dumbbell plus one pair of 40 through 55lb dumbbells on second shelf.
Place one pair 60 through 75lb dumbbells on optional third tray shelf.