A Guide to Getting the Most for Your Textile Dollars

EXCEPTIONAL QUALITY
UNBEATABLE PRICES
Medline’s Textile Philosophy: The “Ideal Bed”

For nearly 100 years Medline has been providing textile solutions for healthcare problems. Today, our customers are facing an environment where cost control is absolutely critical, but resident care cannot be compromised.

With over 10,000 products in our line, we offer the broadest selection of healthcare textiles in the industry. However, this guide was designed with very specific product recommendations to help you consider ways to stretch your dollars further, while providing high-quality linens where it matters most.

Our product recommendations are built around a concept that we call the “Ideal Bed.” The philosophy behind Medline’s “Ideal Bed” is choosing the right mix of products to provide **optimal care** for residents and **lowest cost per use** for the organization.

It really comes down to product selection – carefully choosing products that maximize the value you get from your textiles. For certain products we suggest basic, economical options to save money (i.e., the flat sheet and washcloth), and for other products we recommend high-end items (i.e., the contour sheet and bath towel), which provide substantially better skin care.

We hope you find our linen recommendations and tips helpful. For more product selection ideas to help maximize value, talk to your dedicated Medline representative.

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**Where do all your textile dollars go?**

<table>
<thead>
<tr>
<th>Product group</th>
<th>Percentage of a typical facility's textile purchases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Towels and Washcloths</td>
<td>29%</td>
</tr>
<tr>
<td>Reusable Underpads</td>
<td>18%</td>
</tr>
<tr>
<td>Sheets and Pillowcases</td>
<td>18%</td>
</tr>
<tr>
<td>Clothing Protectors</td>
<td>8%</td>
</tr>
<tr>
<td>Resident Gowns</td>
<td>5%</td>
</tr>
<tr>
<td>Pillows</td>
<td>3%</td>
</tr>
<tr>
<td>All Other Textiles</td>
<td>13%</td>
</tr>
</tbody>
</table>
Sheets & Pillowcases

Cotton Cloud® T180 (Woven)
- Woven construction of T180 threads per square inch to ensure durability as well as softness
- Bleached with hydrogen peroxide for the whitest, most consistent product possible
- Intimately blended yarns made of 55% cotton / 45% polyester for superior shrinkage control

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### Item # | Description | Pkg
--- | --- | ---
MTD218767* | 36" x 80" x 9" (91cm x 203cm x 23cm) | 5 dz/cs
MTD218768 | 36" x 84" x 9" (91cm x 213cm x 23cm) | 5 dz/cs

**FLAT SHEET**
- MTD218664* | 60" x 104" (152cm x 264cm) | 5 dz/cs
- MTD218665 | 60" x 108" (152cm x 274cm) | 5 dz/cs
- MTD218666 | 60" x 115" (152cm x 292cm) | 5 dz/cs
- MTD218674* | 66" x 104" (168cm x 264cm) | 5 dz/cs
- MTD218675 | 66" x 108" (168cm x 274cm) | 5 dz/cs
- MTD218676 | 66" x 115" (168cm x 292cm) | 5 dz/cs

**DRAW SHEET**
- MTD218762* | 54" x 72" (137cm x 183cm) | 5 dz/cs
- MTD218763 | 54" x 81" (137cm x 206cm) | 5 dz/cs

**PILOWSCASE**
- MTD218769* | 42" x 34" (107cm x 86cm) | 12 dz/cs

* Add Z at end of item number for smaller package of 2dz/cs

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Cotton Cloud® T130 (Woven)
- High quality yarns make our woven T130 sheets softer and whiter than traditional muslin sheets
- Bleached with hydrogen peroxide so sheets stay whiter longer
- Intimately blended yarns made of 55% cotton / 45% polyester for superior shrinkage control

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### Item # | Description | Pkg
--- | --- | ---
MTD218990* | 36" x 80" x 9" (91cm x 203cm x 23cm) | 5 dz/cs
MTD218991 | 36" x 84" x 9" (91cm x 213cm x 23cm) | 5 dz/cs

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### Item # | Description | Pkg
--- | --- | ---
MTD218764* | 60" x 104" (152cm x 264cm) | 5 dz/cs
MTD218774* | 66" x 104" (168cm x 264cm) | 5 dz/cs
MTD218775 | 66" x 108" (168cm x 274cm) | 5 dz/cs
MTD218776 | 66" x 115" (168cm x 292cm) | 5 dz/cs

**DRAW SHEET**
- MTD218902* | 54" x 72" (137cm x 183cm) | 5 dz/cs
- MTD218903 | 54" x 81" (137cm x 206cm) | 5 dz/cs

**PILOWSCASE**
- MTD218877* | 42" x 34" (107cm x 86cm) | 12 dz/cs

* Add Z at end of item number for smaller package of 2dz/cs

Feels Like Home™ T180 Reverse Sateen
- The ultimate quality in healthcare linens
- Reverse sateen style gives look of distinction and elegance
- 60% cotton / 40% polyester blend in a T180 construction for a smooth, soft hand. *Also available in White

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### Item # | Description | Pkg
--- | --- | ---
MTD219202BON | 36" x 80" x 9" (91cm x 203cm x 23cm) | 2 dz/cs
MTD219201BON | 66" x 115" (168cm x 292cm) | 2 dz/cs
MTD219200BON | 42" x 34* (107cm x 86cm) | 6 dz/cs

**PILOWSCASE**
- MTD219287* | 42" x 34" (107cm x 86cm) | 6 dz/cs

* Select preferred color (BON, ROS, BLU, SEA) and add to item number

Cotton Cloud® T180 Colored Sheets
- Colors enhance any room décor
- 50% cotton / 50% polyester blend
- Smooth, soft T180 thread count for optimal comfort
- Colors available: Bone, Rose, Blue, and Seafoam Green

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### Item # | Description | Pkg
--- | --- | ---
MTD219290*Z | 36" x 80" x 9" (91cm x 203cm x 23cm) | 2 dz/cs
MTD219281*Z | 66" x 104" (168cm x 264cm) | 2 dz/cs
MTD219287*6 | 42" x 34" (107cm x 86cm) | 6 dz/cs

*Select preferred color (BON, ROS, BLU, SEA) and add to item number
Soft-Span™ Contour Sheets (Knitted)

- Patented knitting process inserts hyper-elastic spandex yarns into the fabric, creating incredible stretch properties. Most knitted sheets only stretch in one direction, but Soft-Span stretches in all directions.
- Superior stretch (200 times its resting length) allows the sheet to move with the resident in the bed, reducing friction against the skin.
- Excellent memory holds sheet tightly to the mattress, reducing bunching under the resident.
- Spandex yarns give Soft-Span excellent durability, virtually eliminating pinholing and extending product life.
- Easier to put on beds; fits larger healthcare mattresses.

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDT218619</td>
<td>19 oz, White</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT218659</td>
<td>13 oz, White</td>
<td>5 dz/cs</td>
</tr>
</tbody>
</table>

**Why Choose Medline Knitted Sheets?**

The hallmark of Medline's jersey knit is its ability to stretch and recover to its original resting state.

After only a few uses, other types of knits (interlock, double-knit and birdseye) tend to stretch out, losing their snug fit and subjecting residents to possible skin care issues.

All our top-selling knitted fitted sheets feature spandex in the bias to allow for the most stretch and memory which means an exceptional product for you.

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Soft-Fit® Contour Sheets (Knitted)

- Intimately blended yarns made from 55% cotton / 45% polyester for ultimate shrinkage control.
- Jersey knit construction with extra deep 14" gusset to fit a variety of mattresses.
- Made with spandex in the bias to ensure a snug fit (15 oz. weights and higher).

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT218562</td>
<td>24 oz, White</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT218561</td>
<td>21 oz, White</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT218601*</td>
<td>19 oz, White</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT218560*</td>
<td>15 oz, White</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT218559</td>
<td>13 oz, White</td>
<td>5 dz/cs</td>
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</table>

SOFT-FIT FITTED FLAT SHEETS

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDT218545</td>
<td>14 oz, White</td>
<td>5 dz/cs</td>
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</table>

SOFT-FIT PILLOWCASE

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT218555</td>
<td>3 oz, White</td>
<td>12 dz/cs</td>
</tr>
</tbody>
</table>

* Add Z at end of item number for smaller package of 2dz/cs

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**“IDEAL BED” RECOMMENDATION**

**Soft-Span Contour Sheet | MDT218619 | 19 oz/ea | 55% cotton / 41% polyester / 4% spandex**

- Constructed with spandex for excellent durability and long product life.
- Incredible stretch in all directions, providing revolutionary skin care management.
- Fits all standard healthcare mattress better than any other sheet.

**Cotton Cloud T130 Flat Sheet | MDT218674 | 60" x 104" (152cm x 264cm) | 55% cotton / 45% polyester**

- A terrific money-saving opportunity versus a 66" x 115" T180 sheet.
- 60" x 104" is more than enough fabric to cover a standard 36" wide healthcare mattress.
- Because there is less skin contact involved with the top sheet (as opposed to the contour sheet beneath the resident), a T130 flat sheet allows you to save money without compromising skin care.

**Cotton Cloud T180 Pillowcase | MDT218769 | 42" x 34" (107cm x 86cm) | 55% cotton / 45% polyester**

- Because there is substantial skin contact with pillowcases, we recommend the smoother, finer yarns of a T180.
Reusable Underpads

**Odor-Control Antimicrobial Underpads – SilverTouch™**

- Designed to target and tame odors
- Uses a solution called SilverClear® to reduce odor-causing bacteria
- Odor-causing bacteria growth is inhibited, which helps eliminate the source of the odor rather than just masking it
- The odor-control application does not wash out
- There are no special laundering instructions
- The technology remains effective for the life of the underpad

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSC217000HS</td>
<td>SilverTouch Underpads, 32&quot; x 36&quot; (81 cm x 91 cm), Moderate Soaker</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC015000HS</td>
<td>SilverTouch Underpads, 34&quot; x 36&quot; (86 cm x 91 cm), Moderate Soaker</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC217010HS</td>
<td>SilverTouch Underpads, 32&quot; x 36&quot; (81 cm x 91 cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC217134HS</td>
<td>SilverTouch Underpads, 34&quot; x 36&quot; (86 cm x 91 cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
</tbody>
</table>

**Maximum Performance – PerforMAX™**

- Swift-Dry top layer wicks fluid in quickly and moves it to the center core
- Super absorbent core disperses fluid throughout the pad so the top feels dryer quicker
- Bonded bottom layer anchors the pad, giving it needed structure
- Bonded construction thins the pad for less bulkiness with no decrease in absorption
- PerforMAX pads can be cleaned faster and easier, conserving energy and water
- Resists stains so you will get more uses per pad before the pad is discarded

<table>
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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSC219000</td>
<td>PerforMAX, 34&quot; x 36&quot; (86 cm x 91 cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC215300</td>
<td>PerforMAX, 30&quot; x 36&quot; (76 cm x 91 cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
</tbody>
</table>

**Skin Friendly Protection – AquaSorb™**

- Exclusive pearl blue facing alerts you when the pad is wet
- Special smooth-knit fabric slides gently against the skin
- Top layer channels fluid quickly into the middle of the pad
- Heavy polyester and rayon blended core locks fluid away from skin

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MSC281400</td>
<td>AquaSorb, 34&quot; x 36&quot; (86 cm x 91 cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
</tbody>
</table>

“We were previously using an odor-control underpad, but when Medline introduced their new SilverTouch antimicrobial technology to us, we agreed to try some of the new underpads. Our staff loves them, and they have noticed a huge decrease in odors. We will be switching to the new underpads immediately.”

-- Bob Jike, Facility Manager
Sherman West Court, Elgin, Illinois
Traditional Underpads – Our Sofnit® Family

- Medline’s best-selling line of underpads
- Durable, comfortable twill facing resists staining
- Vinyl knit barrier withstands the heavy demands of multiple washing and drying cycles while staying soft and leakproof
- Nine sizes to choose from – ask your Medline rep for details
- A pad to fit every budget

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSC015000</td>
<td>Sofnit 300, 34” x 36” (86cm x 91cm), Moderate Soaker – Largest Size</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC015000P</td>
<td>Sofnit 300 Tartan, 34” x 36” (86cm x 91cm), Moderate Soaker – Printed Face Fabric</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC013000</td>
<td>Sofnit 200, 32” x 36” (81cm x 91cm), Moderate Soaker – Best Value</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC217000SL</td>
<td>Select, 32” x 36” (81cm x 91cm), Lightweight Soaker – Most Popular</td>
<td>2 dz/cs</td>
</tr>
</tbody>
</table>

Extra Absorbent – Heavy Soaker Pads

- Designed for moderate to heavy incontinence
- Heavy soaker is a polyester and rayon blend and absorbs more fluid
- Best protection against moisture damage to mattresses and bedding

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MSC214000</td>
<td>Sahara®, 34” x 36” (86cm x 91cm), Heavy Soaker</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC218000</td>
<td>Maxima®, 34” x 36” (86cm x 91cm), Heavy Soaker – Best Value</td>
<td>2 dz/cs</td>
</tr>
<tr>
<td>MSC016000</td>
<td>Triumph®, 34” x 36” (86cm x 91cm), Heavy Soaker – Most Economical</td>
<td>2 dz/cs</td>
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</tbody>
</table>

“IDEAL BED” RECOMMENDATION

<table>
<thead>
<tr>
<th>SilverTouch Odor-Control Underpads</th>
<th>MSC217000HS</th>
<th>32” x 36” (81cm x 91cm)</th>
<th>Moderate Soaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>SilverTouch Odor-Control Underpads</td>
<td>MSC217010HS</td>
<td>32” x 36” (81cm x 91cm)</td>
<td>Heavy Soaker</td>
</tr>
</tbody>
</table>

- Eliminating odors associated with incontinence care products results in a fresher room and a more pleasant place to visit.

DISTINGUISHING YOUR NURSING HOME FROM THE REST

The following are some of the qualities families look for when choosing a nursing home.

- The relationship between the staff and the residents appears to be warm, polite and respectful
- The nursing home offers a training and continuing education program for all staff
- There are handrails in the hallways and grab bars in the bathrooms
- Residents have a choice of food items at each meal
- **The nursing home is free from overwhelming unpleasant odors**
- The nursing home appears clean and well-kept
- The nursing home is located close enough for friends and family to visit*

Blankets

Herringbone Flannel Spread Blankets
- Durable “snag-less” construction reduces replacement costs
- Tight weave provides excellent heat retention at a great price
- Napped on both sides for a soft, comfortable feel
- Blended construction contributes to a shorter drying time, as well as increased durability

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT218255JUN</td>
<td>Juneberry</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218255WHI</td>
<td>White</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218255WED</td>
<td>Wedgewood Blue</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218255LIN</td>
<td>Linen</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218255ANT</td>
<td>Antique Rose</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218255CEL</td>
<td>Celery</td>
<td>12 ea/bl</td>
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</tbody>
</table>

Village Square III Spread Blankets
- Tight weave makes it “snag-less” for fewer replacements
- Heavy weight for excellent warmth
- Attractive pattern looks great covering the bed

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT218207LINR</td>
<td>Linen</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218207ANTR</td>
<td>Antique Rose</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218207WEDR</td>
<td>Wedgewood Blue</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218207WHIR</td>
<td>White</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218207CEL</td>
<td>Celery</td>
<td>12 ea/bl</td>
</tr>
</tbody>
</table>

Gemini® III Spread Blankets
- Beautiful, heavier weight spread blanket looks great covering the bed
- Closely woven yarns resist unraveling, lowering replacement costs
- Tight weave retains heat well, making it warm and cozy

<table>
<thead>
<tr>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT218197ANTR</td>
<td>Antique Rose</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218197WHIR</td>
<td>White</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218197WEDR</td>
<td>Wedgewood Blue</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218197LINR</td>
<td>Linen</td>
<td>12 ea/bl</td>
</tr>
<tr>
<td>MDT218197CEL</td>
<td>Celery</td>
<td>12 ea/bl</td>
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</tbody>
</table>
Serpentine Thermal Blankets

- Tight weave makes it “snag-less,” meaning fewer replacements and greater warmth
- Improved durability over open weave thermal blankets
- Choose from blended or all-cotton options

<table>
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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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<tbody>
<tr>
<td>MDT218222WHIR</td>
<td>72&quot; x 96&quot; (183cm x 244cm), White, 100% cotton</td>
<td>24 ea/bl</td>
</tr>
<tr>
<td>MDT218225WHIR</td>
<td>66&quot; x 90&quot; (168cm x 229cm), White, 55% cotton / 45% polyester</td>
<td>24 ea/bl</td>
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Equinox® Thermal Blankets

- Open-cell weave for lightweight comfort

<table>
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<tr>
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<th>Pkg</th>
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<tbody>
<tr>
<td>MDT218220R</td>
<td>66&quot; x 90&quot; (168cm x 229cm), White</td>
<td>48 ea/bl</td>
</tr>
<tr>
<td>MDT218220R</td>
<td>66&quot; x 90&quot; (168cm x 229cm), White</td>
<td>24 ea/cs</td>
</tr>
<tr>
<td>MDT218221R</td>
<td>66&quot; x 96&quot; (168cm x 244cm), White</td>
<td>24 ea/cs</td>
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</table>

Olympus® Flannel Blankets

- Retains body heat well, making it a great substitute for traditional, open-weave thermal blankets
- Napped on both sides for a soft, comfortable feel
- Cotton/polyester blend reduces processing costs
- Poncho option eliminates the need to drape multiple bath blankets over residents and provides greater resident dignity

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<th>Pkg</th>
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<tr>
<td>MDT218145BLUR</td>
<td>70&quot; x 90&quot; (178cm x 229cm), Blue-Striped</td>
<td>48 ea/bl</td>
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<tr>
<td>MDT218145BLU</td>
<td>70&quot; x 90&quot; (178cm x 229cm), Blue-Striped</td>
<td>24 ea/cs</td>
</tr>
<tr>
<td>MDT218143WHI</td>
<td>70&quot; x 90&quot; (178cm x 229cm), White</td>
<td>24 ea/cs</td>
</tr>
<tr>
<td>MDT218147WHI</td>
<td>70&quot; x 100&quot; (178cm x 254cm), White</td>
<td>24 ea/cs</td>
</tr>
<tr>
<td>MDT218144BLU2</td>
<td>70&quot; x 90&quot; (178cm x 229cm) with center hole, Blue-Striped</td>
<td>24 ea/cs</td>
</tr>
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“IDEAL BED” RECOMMENDATION

Herringbone Flannel | MDT218255*** | 70" x 108" (178cm x 274cm) | 55% cotton / 45% polyester

- Blended construction contributes to a shorter drying time, as well as increased durability
- Closed-weave, snag-free design provides greater warmth than open-weave thermal blankets
Towels & Washcloths

Cotton Cloud™ Blended Terries

- An ideal blend of 85% cotton / 15% polyester, these terries last long, shrink less and dry fast
- Bleached with hydrogen peroxide, not chlorine, for a brighter white appearance

### Item # | Description | Pkg
--- | --- | ---
MDT217468Z | Bath Towel, 20” x 40” (51cm x 102cm), 5.5 lb/dz | 4 dz/cs
MDT217472Z | Bath Towel, 22” x 44” (56cm x 112cm), 6 lb/dz | 4 dz/cs
MDT217288Z | Bath Towel, 24” x 48” (61cm x 122cm), 8 lb/dz | 4 dz/cs
MDT217292Z | Washcloth, 12” x 12” (31cm x 31cm), .75 lb/dz | 10 dz/cs
MDT217303Z | Washcloth, 12” x 12” (31cm x 31cm), 1 lb/dz | 10 dz/cs
MDT217215Z | Washcloth, 13” x 13” (33cm x 33cm), 1.5 lb/dz | 10 dz/cs
MDT217243Z | Hand Towel, 16” x 27” (41cm x 69cm), 3 lb/dz | 6 dz/cs

Bulk packaging available on all terries above. Replace Z at end of item number with R for bulk pack.

Cotton Classic™ 100% Cotton Terries

- 100% cotton, priced to meet your budget
- Many sizes and weights to choose from

### Item # | Description | Pkg
--- | --- | ---
MDT217257Z | Bath Towel, 20” x 40” (51cm x 102cm), 4 lb/dz | 4 dz/cs
MDT217262Z | Bath Towel, 20” x 40” (51cm x 102cm), 5 lb/dz | 4 dz/cs
MDT217467Z | Bath Towel, 20” x 40” (51cm x 102cm), 5.5 lb/dz | 4 dz/cs
MDT217476Z | Bath Towel, 22” x 44” (66cm x 112cm), 6 lb/dz | 4 dz/cs
MDT217496Z | Washcloth, 12” x 12” (31cm x 31cm), .5 lb/dz | 10 dz/cs
MDT217497Z | Washcloth, 12” x 12” (31cm x 31cm), 1 lb/dz | 10 dz/cs
MDT217288Z | Bath Towel, 24” x 48” (61cm x 122cm), 8 lb/dz | 4 dz/cs
MDT217292Z | Bath Towel, 24” x 50” (61cm x 127cm), 10 lb/dz | 4 dz/cs
MDT217288Z | Bath Towel, 22” x 44” (56cm x 112cm), 6 lb/dz | 4 dz/cs
MDT217292Z | Bath Towel, 22” x 44” (61cm x 122cm), 8 lb/dz | 4 dz/cs
MDT217292Z | Bath Towel, 24” x 50” (61cm x 127cm), 10 lb/dz | 4 dz/cs

Bulk packaging available on all terries above. Replace Z at end of item number with R for bulk pack.

Royal Cloud® Collection

- Premium-grade cotton gives these ring-spun terries a plush and luxurious look and feel.
- Bleached with hydrogen peroxide for long-lasting whiteness and soft feel.

### Item # | Description | Pkg
--- | --- | ---
MDT217268RSZ | Bath Towel, 20” x 40” (51cm x 102cm), 5.5 lb/dz | 4 dz/cs
MPL857272RSZ | Bath Towel, 22” x 44” (56cm x 112cm), 6 lb/dz | 5 dz/cs
MDT217303RSZ | Washcloth, 12” x 12” (31cm x 31cm), 1 lb/dz | 10 dz/cs
MDT217243RSZ | Hand Towel, 16” x 27” (41cm x 69cm), 3 lb/dz | 6 dz/cs

Remove the Z at end of item number for bulk pack.

Did you know?
The average 100% cotton imported bath towel lasts 29 processings.
The average 85% cotton/15% polyester bath towel lasts 38 processings.
Get 31% more processings out of blended towels for a nominal price increase.
In addition to having a longer life, blends also dry faster than 100% cotton.

Helpful Hint:
Want colored washcloths but don’t have room in your budget? Use colored washcloths for residents and lower cost white washcloths for cleanups.
Traditional Vat Dyed Colored Terries

- Add a splash of color to your facility with our fashionable solid color terries
- 100% ring spun cotton made with the same durable construction and softness as our Royal Cloud line
- Featuring two popular colors: Cream and Slate Blue

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<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT217268*</td>
<td>Bath Towel, 20&quot; x 40&quot; (51cm x 102cm), 5.5 lb/oz</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT217282*</td>
<td>Bath Towel, 24&quot; x 48&quot; (61cm x 122cm), 7.75 lb/oz</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT217303*</td>
<td>Washcloth, 12&quot; x 12&quot; (31cm x 31cm), 1 lb/oz</td>
<td>10 dz/cs</td>
</tr>
<tr>
<td>MDT217243*</td>
<td>Hand Towel, 16&quot; x 27&quot; (41cm x 69cm), 3 lb/oz</td>
<td>5 dz/cs</td>
</tr>
</tbody>
</table>

*Add CRE for Cream or BLU for Slate Blue.

Ring-Spun Fibertone™ Colored Terries

- Super-plush 86% cotton / 14% polyester ring spun terries add warmth, texture and an upscale look to any facility
- Specially designed to withstand the harshness of institutional laundering – each color offered in this line of terries is entirely permanent and inherent to the product, thus no bleeding or fading. You can even wash them with whites!
- Available in three colors: Ecru (Beige), Light Blue, and Seafoam Green

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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT217211*</td>
<td>Bath towel, 24&quot; x 50&quot; (61cm x 127cm), 10.5 lb/oz</td>
<td>5 dz/cs</td>
</tr>
<tr>
<td>MDT217214*</td>
<td>Washcloth, 12&quot; x 12&quot; (31cm x 31cm), 1 lb/oz</td>
<td>25 dz/cs</td>
</tr>
<tr>
<td>MDT217213*</td>
<td>Hand towel, 16&quot; x 27&quot; (41cm x 69cm), 3 lb/oz</td>
<td>10 dz/cs</td>
</tr>
</tbody>
</table>

*Add ECR for Ecru, BLU for Light Blue, or SEA for Seafoam Green.

"IDEAL BATH" RECOMMENDATION

**Cotton Cloud Bath Towel**
- MDT217468Z | 20" x 40" (51cm x 102cm) | 5.5 lb/oz | 85% cotton / 15% polyester

- Made with high quality 16 single pile yarns in the loops of the terry for extra softness and durability
- Blended to last longer, dry faster and shrink less than 100% cotton towels
- Lower processing costs than 100% cotton towels
- Hydrogen peroxide bleached for ultimate whiteness and extra softness

**Cotton Classic Washcloth**
- MDT217497Z | 12" x 12" (31cm x 31cm) | .7 lb/oz | 100% cotton

- Washcloths stay in a system for two washings on average
- Use medium-weight, 100% cotton washcloths to stretch your dollar
- Keeps your budget in line
Resident Gowns

Straight Back Gowns
- Straight-back gown
- Tie closures at neck and mid-back
- Regular sleeves

<table>
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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT011120</td>
<td>Star Print, Eco Cloth Round Neck, 52&quot; Sweep, 39&quot; Length, 2 1/2&quot; In-sleeve</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td></td>
<td>(132cm, 99cm, 6cm)</td>
<td></td>
</tr>
<tr>
<td>MDT011120Z</td>
<td>Star Print, Eco Cloth Round Neck, 52&quot; Sweep, 39&quot; Length, 2 1/2&quot; In-Sleeve</td>
<td>1 dz/cs</td>
</tr>
<tr>
<td></td>
<td>(132cm, 99cm, 6cm)</td>
<td></td>
</tr>
<tr>
<td>MDT011118</td>
<td>Demure Print, Demure Cloth, Twill, 52&quot; Sweep, 43&quot; Length, 2 1/2&quot; In-sleeve</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td></td>
<td>(132cm, 109cm, 6cm)</td>
<td></td>
</tr>
<tr>
<td>MDT011118Z</td>
<td>Demure Print, Demure Cloth, Twill, 52&quot; Sweep, 43&quot; Length, 2 1/2&quot; In-Sleeve</td>
<td>1 dz/cs</td>
</tr>
<tr>
<td></td>
<td>(132cm, 109cm, 6cm)</td>
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</table>

Overlap Back Gowns
- Additional coverage where you need it most
- Overlap back styling
- Tie or snap-back closures

<table>
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<tr>
<th>Item #</th>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT011148</td>
<td>Snowflake Print, Memory Cloth, Twill 59&quot; Sweep, 42 1/2&quot; Length, 2 1/2&quot; In-Sleeve</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td></td>
<td>(149cm, 107cm, 6cm)</td>
<td></td>
</tr>
<tr>
<td>MDT011157</td>
<td>Demure print gown, I.V. sleeves, overlap snap back closure, 54&quot; sweep, 42&quot; length, 21/4&quot; In-sleeve. Demure cloth</td>
<td>6 dz/cs</td>
</tr>
</tbody>
</table>

Angle-Back Gowns
- Constructed of a twill fabric; provides complete patient modesty
- Neck and waist ties are made of durable, 100% polyester twill tape and reinforced to the body of the gown for added durability

<table>
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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT011047</td>
<td>Cascade Green Print, I.V. sleeves, telemetry pocket, 66&quot; sweep, 49&quot; length, 7&quot; In-sleeve (168cm x 125cm x 18 cm)</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT011099</td>
<td>Cascade Blue Print, 66&quot; sweep, 49&quot; length, 7&quot; In-sleeve (168cm x 125cm x 18 cm)</td>
<td>6 dz/cs</td>
</tr>
</tbody>
</table>

Helpful Hint:
Go with a heavyweight twill fabric gown, but save money by buying one with a smaller sweep. Most residents will not require a deluxe cut size gown.

“IDEAL GOWN” RECOMMENDATION
Demure Print Gown | MDT011118 | Demure Cloth, Twill
- Provides adequate coverage and comfort at an affordable price
Clothing Protectors

Medline’s collection of dignity napkins provides protection ... with a touch of class.

Heavyweight 100% polyester fabric treated with a soil-release finish to help resist staining. Available in three styles.

**Classic**
- Adjustable hook-and-loop closure
- 2.5" crumb catcher for greater protection against spills
- 27 1/2" X 27" for optimal coverage

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<tr>
<th>Item #</th>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT014117*</td>
<td>27 1/2&quot; X 27&quot; (70cm X 69cm)</td>
<td>2 dz/cs</td>
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</tbody>
</table>

**Comfort Fit**
- Angled neckline for a smooth and comfortable fit around the neck and shoulders
- Easy-to-use adjustable plastic snap closures
- 2.5" crumb catcher for greater protection

<table>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT014118*</td>
<td>27 1/2&quot; X 20&quot; (70cm X 51cm)</td>
<td>2 dz/cs</td>
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</tbody>
</table>

**Apron Style**
- Comfortable design allows the dignity napkin to snap comfortably around the neck or tuck into the front of a shirt
- 19" X 27" for full lap coverage

<table>
<thead>
<tr>
<th>Item #</th>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT014113*</td>
<td>19&quot; X 27&quot; (69cm x 48cm)</td>
<td>2 dz/cs</td>
</tr>
</tbody>
</table>

* Add four-letter color code to end of item number.

**Impervious Clothing Protectors**
- Excellent chest and lap coverage
- 100% spun, brushed polyester; quilted facing
- Full vinyl backing for ultimate fluid protection

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT014107Z</td>
<td>Plaid with protective back, 21&quot; x 33&quot; (53cm x 84cm)</td>
<td>1 dz/cs</td>
</tr>
<tr>
<td>MDT014107SNP*</td>
<td>Plaid with protective back, 21&quot; x 33&quot; (53cm x 84cm)</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014109*</td>
<td>Terracotta with protective back, 18&quot; x 34&quot; (46cm x 86cm)</td>
<td>6 dz/cs</td>
</tr>
</tbody>
</table>

* Add Z at end of item number for smaller package of 1dz/cs

**Terry Cloth Clothing Protectors**
- Generously cut from soft, heavyweight terry cloth
- Choose convenient hook-and-loop closure, snap closure or EZ-Tie
- Cotton/polyester blended construction makes these bibs last longer and dry quickly
- Fully washable

<table>
<thead>
<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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<tbody>
<tr>
<td>MDT014100*</td>
<td>21&quot; x 33&quot; (53cm x 84cm), White, 10 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014109*</td>
<td>19&quot; x 27&quot; (46cm x 76cm), White, 10 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014120*</td>
<td>21&quot; x 33&quot; (53cm x 84cm), Blue, 10 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014124*</td>
<td>18&quot; x 30&quot; (45cm x 76cm), Blue, 10 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014150*</td>
<td>17&quot; x 34&quot; (43cm x 86cm), Pastel Stripes, 10 oz†</td>
<td>6 dz/cs</td>
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<thead>
<tr>
<th>Item #</th>
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<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT014100SNP*</td>
<td>21&quot; x 33&quot; (53cm x 84cm), White, 10 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014112*</td>
<td>21&quot; x 38&quot; (53cm x 97cm), White, 12 oz</td>
<td>6 dz/cs</td>
</tr>
<tr>
<td>MDT014158*</td>
<td>22&quot; x 41&quot; (56cm x 104cm), Multi-Color Stripe 12 oz</td>
<td>6 dz/cs</td>
</tr>
</tbody>
</table>

* Add Z at end of item number for smaller package of 1dz/cs
† 100% cotton

**“IDEAL CLOTHING PROTECTOR” RECOMMENDATION**

**EZ-Tie Closure** | MDT014122 | 21" x 38" (53cm x 97cm), 12oz

- EZ-Tie closure will last life of bib and has the lowest cost per use
- Easy to put on and take off
- No need to tie it in a knot, closure will stay on for an entire meal just by loosely tying the closure
Pillows

Nylex Ultra

Smooth, high-quality nylon ticking
- Fluid-proof woven nylon ticking
- Antimicrobial
- Inherently flame resistant
- Stain resistant
- Wipeable

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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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<tbody>
<tr>
<td>MDT219715</td>
<td>Tan, 20&quot; x 26&quot; (51cm x 66cm)</td>
<td>12/cs</td>
</tr>
<tr>
<td>MDT219716</td>
<td>Tan, 18&quot; x 24&quot; (46cm x 61cm)</td>
<td>20/cs</td>
</tr>
</tbody>
</table>

MedSoft®

A soft and comfortable choice
- Fluid-proof, mold-resistant vinyl ticking
- Antimicrobial
- Inherently flame resistant
- Antistatic
- Stain resistant
- Wipeable

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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT219683</td>
<td>White, 20&quot; x 26&quot; (51cm x 66cm)</td>
<td>12/cs</td>
</tr>
<tr>
<td>MDT219684</td>
<td>White, 18&quot; x 24&quot; (46cm x 61cm)</td>
<td>20/cs</td>
</tr>
</tbody>
</table>

Ovation®

Great for the budget-conscious
- Fluid-proof polypropylene ticking
- Antimicrobial and hypoallergenic
- Inherently flame resistant
- Stain resistant
- Wipeable

<table>
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<tr>
<th>Item #</th>
<th>Description</th>
<th>Pkg</th>
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</thead>
<tbody>
<tr>
<td>MDT219860</td>
<td>White, 20&quot; x 26&quot; (51cm x 66cm)</td>
<td>12/cs</td>
</tr>
<tr>
<td>MDT219861</td>
<td>White, 18&quot; x 24&quot; (46cm x 61cm)</td>
<td>20/cs</td>
</tr>
<tr>
<td>MDT219885</td>
<td>Blue, 20&quot; x 26&quot; (51cm x 66cm)</td>
<td>12/cs</td>
</tr>
<tr>
<td>MDT219886</td>
<td>Blue, 18&quot; x 24&quot; (46cm x 61cm)</td>
<td>20/cs</td>
</tr>
</tbody>
</table>

**The Medline Space Saver Program**

Many Medline pillows undergo a unique packaging process that compresses the pillows enough for a 50 percent reduction in carton size, resulting in smaller cartons for delivery and space-saving storage for our customers. But rest assured – when removed from their packaging, the vacuum-packed pillows quickly plump back up to their full size for maximum comfort.

---

**“IDEAL BED” RECOMMENDATION**

Nylex Ultra Pillows | MDT21971* | 20" x 26" (51cm x 66cm) or 18" x 24" (46cm x 61cm)

- Smooth nylon ticking
- Space saving packaging
Did you know?

Use a Variety of Sheets for Improved Resident Care and Cost Savings.
Ideally, you want to use a knitted contour sheet as the bottom sheet; it is easy to put on the mattress and soft against the skin. Our recommendation is to use a T130 (muslin) top sheet—there is much less skin contact and pressure compared to the bottom sheet—so it provides an opportunity to save money. However, we do recommend a T180 pillowcase for optimal skin care.

Important Information About Your Medline Reusable Underpads
Each Medline reusable underpad is constructed with double-lock safety stitch on the edges. This process leaves 1½” of excess threads called ‘tails’ on the corners of the pad.

Do not cut or remove these tails.
The tails are intentionally left on the corners and serve an important function. When the underpad is washed the first time, the threads of the tail intertwine and create a knot, which prevents the edges of the underpad from unraveling. The threads will also shrink in length and become almost unnoticeable. Removing or cutting the tails can cause the sewn edges to unravel, shortening the life of the pad.

Laundering Cost vs. Acquisition Price
The replacement cost per use is just part of your cost of providing textiles to your facility. The other part is actually laundering it and delivering it to the rooms. This represents a much larger expenditure over the life of the product. A good rule of thumb to keep in mind is that a textile’s purchase price represents about 20% of its total cost over its lifetime. The rest of the cost is spent laundering it. These percentages vary a bit from facility to facility. Selecting laundry-efficient products, like blended textiles, will save you a great deal of money with every processing.

Remove Items From Use as Needed
At some point, textiles reach the end of their useful life, and will have to be turned into rags or discarded. It is a good idea to train your staff to pull items out of the system when their time has come. Unfortunately, sometimes the staff comes across a blanket with a hole and rather than pulling it from the system, it is tossed in the soiled linen pile and reprocessed. Worst of all—it is no longer even being used!

Linen Processing Tips
A little bit of bleach can help remove stains; however, using more than the recommended amount will damage textiles and significantly shorten their life. The end result is much higher costs!
Most facilities have a bottleneck at their dryers. They can wash a lot more than they can dry. Using blended textiles instead of 100% cotton helps shorten drying time and balance out the wash and dry cycles.

Focus on “Cost per Use”
On the surface, a $6 sheet appears to cost 50% more than a $4 sheet. But in most cases, the more expensive product lasts considerably longer.

- If the $4 sheet lasts only 30 launderings, its cost per use is as follows: $4.00/30 processings = 13.3 cents per use.
- If the $6 sheet lasts 75 launderings, its cost per use is as follows: $6.00/75 processings = .08 cents per use.

Weight Does Not Insulate!
Myth: The heavier the blanket, the warmer it feels.
Fact: It is the tightness of the weave that plays the larger role in heat retention. Herringbone blankets retain the heat of approximately two open weave thermal blankets.

Like Everything Else—You Get What You Pay For
It is tempting to select a product solely on purchase price—thinking that you will save money by doing so. In most cases, buying the cheapest product increases total cost because it often doesn’t last nearly as long. On the back of this guide we list our recommended choices for each product line. These may cost a little more up front, but will last much longer, lowering your overall costs.
The quick reference to getting the most for your textile dollars—our “Ideal Bed” recommendations:

COTTON CLOUD T130 FLAT SHEET

- MDT218674 | 60" x 104" (152cm x 264cm) | 55% cotton / 45% polyester
- A terrific money-saving opportunity from a 66" x 115" T180 sheet
- 60" x 104" is enough fabric to cover a standard 36" wide healthcare mattress
- Because there is less skin contact involved with a top sheet, a T130 will allow you to save money without compromising skin care

COTTON CLOUD T180 PILLOWCASE

- MDT218769 | 42" x 34" (107cm x 86cm) | 55% cotton / 45% polyester
- Because there is substantial skin contact with a pillowcase, we recommend the smoother, finer yarns of a T180

SOFT-SPAN KNITTED CONTOUR SHEET

- MDT218619 | 1 oz/each | 55% cotton / 41% polyester / 4% spandex
- Constructed with spandex to provide the longest-lasting sheets in the industry
- Incredible stretch in all directions, providing revolutionary skin care management
- Will fit all standard healthcare mattresses better than any other sheet

SILVERTOUCH ODOR-CONTROL UNDERPAD

- MSC217000HS | 32" x 36" @1cm x 91cm | Moderate-duty soaker, antimicrobial treatment
- Treated with a highly effective silver-based antimicrobial, which inhibits odor-causing bacteria
- Twill face fabric is exceptionally strong and durable
- Vinyl knit barrier withstands heavy laundering while remaining soft and leakproof

HERRINGBONE FLANNEL SPREAD BLANKET

- MDT218255*** | 70" x 108" (178cm x 274cm) | 55% cotton / 45% polyester
- Blended construction contributes to a shorter drying time, as well as increased durability
- Closed-weave, snag-free design provides greater warmth than open-weave thermal blankets

COTTON CLOUD BATH TOWEL

- MDT217468Z | 20" x 40" (51cm x 102cm) | 5.5 lb/oz | 85% cotton / 15% polyester
- Blended to last long, dry fast and shrink less than 100% cotton bath towels
- Investing in a blended product will result in a lower cost per use and lower total cost compared to 100% cotton bath towels

COTTON CLASSIC WASHCLOTH

- MDT217497Z | 12" x 12" (31cm x 31cm) | 0.7 lb/oz | 100% cotton
- Washcloths typically do not stay in the system for a long period of time, so it is more economical to stick with a 100% cotton washcloth

DEMURE PRINT GOWN

- MDT011118 | 52" sweep, 43" length, 2½" in-sleeve (132cm x 109cm x 6cm)
- Made from our Demure Cloth twill fabric
- Heavyweight fabric gives residents more dignity
- Durable, yet comfortable fit

EZ-TIE CLOTHING PROTECTOR

- MDT014112 | 21" x 38" (53cm x 97cm) | 12 oz | 85% cotton / 15% polyester
- Closure lasts the life of the terry, easy to apply and remove
- This closure is the most likely to stay on for an entire meal
- Blended construction for durability

NYLEX ULTRA SPACE SAVER PILLOW

- MDT219715 | 20" x 26" (51cm x 66cm) | tan
- MDT219716 | 18" x 24" (46cm x 61cm) | tan
- Featuring a woven nylon ticking that is laminated for the best comfort and durability
- Made with 18 oz of garnetted polyester with an antimicrobial treatment for ultimate protection
- 50% reduction in box size resulting in smaller cartons for storage and delivery

Medline Industries, Inc.
One Medline Place
Mundelein, IL 60060

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Medline México
01-800-831-0898
www.medlinemexico.com | mexico@medline.com

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