

RELIEF PAK®

ENGLISH ICE CAP

FOR LOCALIZED COLD THERAPY

- Simple and effective
- Waterproof rubberized fabric keeps ice cap COLD and DRY!
- Large opening with plastic cap for easy fill
- Works well on injured or overworked muscles
- Refillable and reusable

Available in 3 sizes
for maximum
comfort and relief



WARNING

Ice is used after an injury to reduce swelling and decrease pain. Ice decreases blood flow to the injured tissue and reduces inflammation. Cold therapy generally works best when used for 20-30 minutes every 3-4 hours or until swelling goes away.

To avoid frostbite, DO NOT USE on skin that is numb or lacks proper circulation.

Ask your doctor if COLD therapy is the treatment needed.



Manufacturer and Master Distributor of
Physical Therapy and Rehabilitation Products

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RELIEF PAK®

Effective Hot and Cold Therapy Products

 <p>Waxwel® paraffin therapy</p>	 <p>Relief Pak® moist heat pack and cover</p>
 <p>Relief Pak® vinyl cold pack</p>	 <p>Point Relief™ Massagers with and without heat</p>
 <p>Relief Pak® moist heat packs</p>	 <p>Relief Pak® insulated ice bags</p>

Visit us at
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