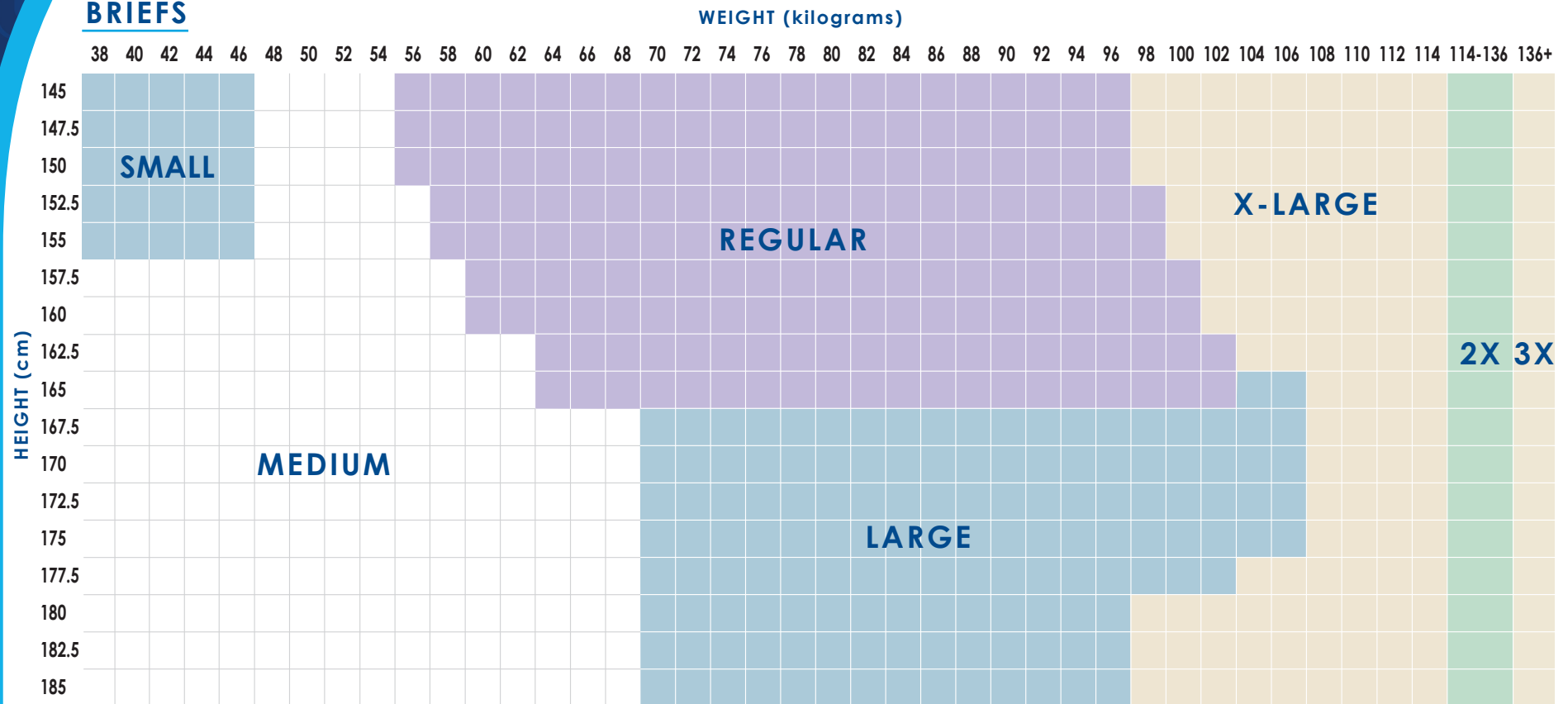


Sizing Guide

Attends | The Smart Choice
in Incontinence Care.™

Choose the right size Brief the quick and easy way! Simply find the user's height and weight below to see what size is recommended. For Protective Underwear sizing, please refer to the section at bottom right. If you have any questions about sizing or about Attends® products, call our Customer Care Center at 1.800.4.Attends (1.800.428.8363).

BRIEFS



SIZE/COLOUR	HIPS	HEIGHT	WEIGHT	WOMEN'S SIZE	MEN'S SIZE
Small	51-81 cm	145-155 cm	38-46 kg	4-6	51-81 cm
Medium	81-112 cm	145-185 cm	38-68 kg	8-14	81-112 cm
Regular	112-143 cm	145-165 cm	56-102 kg	12-18 petite	112-143 cm short
Large	112-147 cm	167-185 cm	70-106 kg	16-20	112-147 cm
X-Large	147-161 cm	145-185 cm	98-114 kg	22-24	147-161 cm
XX-Large	161-178 cm	145-185 cm	114-136 kg	26-28	161-178 cm
XXX-Large (Bariatric)	178-229 cm	145-185 cm	136+ kg	28+	178-229 cm

- Sizing is not a perfect science, therefore the sizes given in this guide are recommended only, not guaranteed.
- Measure around the hips or waist, whichever is largest.

PROTECTIVE UNDERWEAR

Attends Protective Underwear pull up and down just like regular underwear, for more active users.

SIZE	HIPS	WEIGHT
Youth/Small	50-81 cm	36-54 kg
Medium	81-112 cm	54-80 kg
Large	112-147 cm	77-96 kg
X-Large	147-173 cm	96-114 kg
XX-Large	173-203 cm	114+ kg

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