

Web-Slide™ Exercise Rail (single rail or set of 3 rails) Package Contents and Mounting Options

Package Contents

Each rail has heat sealed bag with the following items:

- a. 1- Safety Slide
- b. 3-3" screws
- c. 3- 1.5" lead anchors for concrete



1- Sheet of rail Slot Numbers (attached to this sheet) with instructions

Mounting Options

Exercise rails are modular and can be mounted in a variety of ways to meet your specific needs. Shown below are just 3 possibilities. As the Web-Slide Exercise Rail system was created for a complete body workout it is suggested to mount the bottom rail as close to the floor as possible above any baseboards. If you choose to stagger your rails mount the middle rail at least 28" above the floor and the top rail at least 56" above the floor. This still allows for full body exercise. Rail heights can also be determined by the population you are servicing—a high proportion of taller patients may make raising your rails 6"-12" higher beneficial to them.

Please remember if choosing to stagger or separate your rails horizontally they must still be mounted in a wall stud or concrete block.



Manufactured By:

