

# HEALTHY SHELF HANGING INSTRUCTIONS

**Step 1:** Basic hardware is included. Be sure to use proper mounting hardware for your wall type. When in doubt, consult a professional.

**Step 2:** Position the shelf on the wall in the desired location. Put the top of the shelf flat against the wall with the key hole mounting facing upward. This will allow you to line your pencil up exactly with the hole in the keyhole mount. Mark the location for the screw holes on the wall. If hanging on a stud use the appropriate drill bit to drill the small pilot holes on the wall through the hanging location you marked.

**Step 3:** Insert the plastic anchor (for dry wall only, not stud) into the hole until it is flush with the wall. If you use a hammer, gently tap the anchor until it is flush with the wall.

**Step 4:** Using a screwdriver, tighten the screw into the anchor in the wall. The head of the screw needs to protrude from the wall slightly to mount the shelf. Adjust the screw length as necessary to insure proper tight fit.

Before inserting the second screw/anchor we recommend you repeat Step 2 to insure your markings are correct. Make sure the screws are level. Place shelf on the wall by lining up the screws to the keyhole opening on back of the shelf and slide into place.

**Step 5:** Remove the top of Healthy Shelf, place your m-fold towels in the dispenser and replace the lid.

- **It is very important that you do not overload your Healthy Shelf with paper towels as it can affect proper dispensing.**
- **Do not place more than 10 pounds on a correctly installed Healthy Shelf.**

## CARE INSTRUCTIONS

Use a soft dry or damp cloth to clean if desired. Do not spray wood with chemicals.

## TOWEL REPLACEMENTS

Multi-fold towels come in different sizes. Several brands and sizes fit in your Healthy Shelf. We recommend you use standard multi-fold (m-fold) disposable towels that measure 9.4" length x 3" wide when folded.

For grocery bag and other types of storage you can load through the top or bottom of your Healthy Shelf for easy convenient dispensing.