

Nutrition Facts

Serving Size 1 ar (40g)

Servings Per
Container 12

Calories 140

Amount/serving %DV*

Total Fat 5g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%

Amount/serving %DV*

Potassium 115mg 3%

Total Carbohydrate 23g 8%

Dietary Fiber 1g 4%

Sugars 13g

Protein 2g

INGREDIENTS: ORGANIC PECANS, CASHEWS, RAISINS, CHERRIES (CHERRIES, APPLE JUICE CONCENTRATE, SUNFLOWER OIL), ORGANIC AGAVE NECTAR, WHOLE GRAIN CRISP RICE, BROWN RICE SYRUP, SUNFLOWER OIL (SUNFLOWER OIL, MIXED TOCOPHEROLS, ROSEMARY EXTRACT, CITRIC ACID), NATURAL FLAVOR, POMEGRANATE JUICE CONCENTRATE.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS AND SOY. MAY CONTAIN PIT OR SHELL FRAGMENTS.

*Percent Daily Values are based on a 2,000 calorie diet.

Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500				Calories: 2,000 2,500			
Total Fat	Less than	65g	80g	Potassium	3,500mg	3,500mg	
Saturated Fat	Less than	20g	25g	Total Carbohydrate	300g	375g	
Cholesterol	Less than	300mg	300mg	Dietary Fiber	25g	30g	
Sodium	Less than	2,400mg	2,400mg				