

Organic Maple 4 Grain with Real Maple

Ingredients:

Organic Whole Grains (Rolled Oats, Wheat Barley, Triticale, Rye), Organic Real Maple Sugar, Organic Unbleached Cane Sugar, Organic Powdered Soy Drink, Natural Maple Flavor, Sea Salt, Lo Han Fruit Concentrate.

Contains: Soy, Wheat

NUTRITIONAL FACTS PER CONTAINER:

Serving Size Per Container	73 g
Calories	260
Calories from Fat	30
Total Fat	3 g
Saturated Fat	0 g
Trans Fatty Acids	0 g
Cholesterol	0 mg
Sodium	260 mg
Carbohydrates	52 g
Dietary Fiber	6 g
Sugars	16 g
Protein	8 g