Complete, Balanced Nutrition®

# Product Information: PediaSure® Enteral Formula 1.0 Cal With Fiber

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- PEDIASURE ENTERAL FORMULA 1.0 CAL WITH FIBER is a source of Complete, Balanced Nutrition® especially designed for tube feeding children 1 to 13 years of age.
- May be used as the sole source of nutrition or as a supplement.
- Specially formulated for tube feeding.
- 1 Use under medical supervision.
- 1 Milk-based, complete, balanced nutrition.
- 1 1.0 Cal per mL, 240 Cal per 8 fl oz, from a balanced distribution of protein, fat, and carbohydrate.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1 to 8 years of age in 1000 mL, and for children 9 to 13 years of age in 1500 mL.
- 1 Blend of soluble and insoluble fibers and short-chain fructooligosaccharides at a level that is well tolerated by children.
- A blend of prebiotics designed to support digestive tract health and antioxidants† to support the immune system.<sup>1,2,3</sup>
- 1 Halal.
- 1 Kosher.
- Gluten-free.
- Suitable for lactose intolerance.

### **Safety Precautions**

- Not intended for infants under 1 year of age unless specified by a physician.
- 1 Not for IV use.
- Not for children with galactosemia.

## **Ingredients**

#### **Liquid Vanilla:**

Water, Corn Maltodextrin, Milk Protein Concentrate, Sugar, High Oleic Safflower Oil, Soy Oil, Short-Chain Fructooligosaccharides, Medium-Chain Triglycerides. Less than 0.5% of the Following: Oat Fiber, Soy Fiber, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Potassium Chloride, Gum Arabic, Calcium Phosphate, Cellulose Gel, Salt, Ascorbic Acid, Cellulose Gum, Potassium Phosphate, Soy Lecithin, Choline Chloride, Monoglycerides, Carrageenan, Potassium Hydroxide, m-Inositol, Taurine, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Zinc Sulfate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Cupric Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

## **Availability**

List Number	Item
51806	PediaSure Enteral Formula 1.0 w Fiber Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62727	PediaSure Enteral Formula 1.0 w Fiber Ready-to-Hang / 1000-mL (1.1-QT) Bottle / 8 ct





<sup>&</sup>lt;sup>1</sup> Bornet FR, et al. Nutr Rev 2002;60:326-334.

<sup>&</sup>lt;sup>2</sup> Tokunaga T, et al. Bifidus 1993;6:143-150.

<sup>&</sup>lt;sup>3</sup> Hidaka H, et al. Bifidobact Microflora 1986;5:37-50.

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# **Nutrition Information - Liquid Vanilla**

	8 fl oz	8 fl oz (237 mL)		0 mL
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, % Cal	12		12	
Fat, % Cal	34		34	
Carbohydrate, % Cal	54		54	
Volume, mL	237		1000	
Protein, g	7		30	
Fat, g	9		38	
Carbohydrate, g	34		143	
Dietary Fiber, g	3		13	
scFOS, g	1.5		6.5	
L-Carnitine, mg	4.0		17	
Taurine, mg	18		76	
Water, g	200		845	
Calories	240		1000	
Vitamin A, IU	500		2110	
Vitamin D, IU	160		675	
Vitamin E, IU	6.0		25	
Vitamin K, mcg	16		68	
Vitamin C, mg	24		101	
Folic Acid, mcg	60		253	
Thiamin (Vitamin B1), mg	0.6		2.5	
Riboflavin (Vitamin B2), mg	0.5		2.1	
Vitamin B6, mg	0.6		2.5	
Vitamin B12, mcg	1.5		6.3	
Niacin, mg	2.0		8.4	
Choline, mg	83		350	
Biotin, mcg	45		190	
Pantothenic Acid, mg	2.5		11	
Inositol, mg	20		84	
Sodium, mg	90		380	
Potassium, mg	310		1310	
Chloride, mg	270		1140	
Calcium, mg	250		1055	
Phosphorus, mg	200		844	
Magnesium, mg	40		169	
lodine, mcg	23		97	
Manganese, mg	0.4		1.7	
Copper, mg	0.2		0.8	
Zinc, mg	1.5		6.3	
Iron, mg	2.7		11	

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com



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#### **Nutrition Information - Liquid Vanilla**

	8 fl oz (237 mL)		1000 mL	
	Value	%RDI / %DV	Value	%RDI / %DV
Selenium, mcg	7.0		30	
Chromium, mcg	12		51	
Molybdenum, mcg	7.5		32	

#### **Preparation**

#### Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the **Instructions for Use** increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Always follow directions for use provided with feeding set.

#### For Use with Enteral Feeding Set:

- 1 Remove the dust cover from the Abbott RTH Safety Screw Cap.
- 1 Remove the dust cover from the safety connector on the feeding set.
- 1 Insert the safety connector into the port on the Abbott RTH Safety Screw Cap, completely pierce foil.
- 1 Turn the safety connector clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- Invert container and suspend, using the hanging ring on the bottom of the container.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

#### Instructions for Use: 8-fl-oz-can

- Shake well.
- 1 Store unopened at room temperature.
- 1 Clean top thoroughly before opening.
- 1 After opening, cover, refrigerate and use within 48 hours.

#### Tube Feeding:

1 Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

