

Nutrition Facts

Serv. Size 1 Bar (68g)

Calories 240

Calories from Fat 60

* Percent Daily Values
(DV) are based on a
2,000 calorie diet.

6.2 R12

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 6g	9%	Sodium 200mg	6%	Insoluble Fiber 2g	
Sat. Fat 1.5g	8%	Potassium 210mg	6%	Sugars 21g	
Trans Fat 0g		Total Carb. 42g	14%	Other Carb. 16g	
Cholest. 0mg	0%	Dietary Fiber 5g	20%	Protein 10g	20%
Vit. A 10% • Vit. C 50% • Calcium 25% • Iron 25% • Vit. D 10% • Vit. E 50% • Vit. K 25% Thiamin (B1) 10% • Riboflavin (B2) 15% • Niacin (B3) 15% • Vit. B6 20% • Folate 20% Vit. B12 15% • Biotin 10% • Pantothenic Acid 20% • Phosphorus 10% • Iodine 10% Magnesium 10% • Zinc 10% • Selenium 10% • Copper 15% • Manganese 10% Chromium 4%					