

Nutrition Facts

Serv. Size 1 Bar (48g)

Calories 180

Calories from Fat 60

* Percent Daily Values

(DV) are based on a
2,000 calorie diet.

6.0 R21

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 6g	9%	Sodium 190mg	8%	Insoluble Fiber 1g	
Sat. Fat 2g	10%	Potassium 160mg	5%	Sugars 10g	
Trans Fat 0g		Total Carb. 25g	8%	Other Carb. 11g	
Cholest. 0mg	0%	Dietary Fiber 4g	16%	Protein 9g	18 %

Vit. A 20% • Vit. C 20% • Calcium 35% • Iron 30% • Vit. D 15% • Vit. E 30% • Vit. K 10%
Thiamin (B1) 10% • Riboflavin (B2) 40% • Niacin (B3) 40% • Vit. B6 75% • Folate 100%
Vit. B12 75% • Biotin 25% • Pantothenic Acid 40% • Phosphorus 20% • Iodine 35%
Magnesium 10% • Zinc 35% • Selenium 35% • Copper 10% • Manganese 25%
Chromium 25% • Molybdenum 25%