

Nutrition Facts

Serv. Size 1 Bar (28g)

Calories 100

Calories from Fat 25

* Percent Daily Values
(DV) are based on a
2,000 calorie diet.

0.3 RS

Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 2.5g	4%	Sodium 85mg	4%	Insoluble Fiber 1g	
Sat. Fat 0.5g	3%	Potassium 95mg	3%	Sugars 9g	
Trans Fat 0g		Total Carb. 17g	6%	Other Carb. 6g	
Cholest. 0mg	0%	Dietary Fiber 2g	8%	Protein 4g	8%
Vit. A 4% • Vit. C 20% • Calcium 10% • Iron 10% • Vit. D 4% • Vit. E 20% • Vit. K 10% Thiamin (B1) 4% • Riboflavin (B2) 6% • Niacin (B3) 6% • Vit. B6 8% • Folate 8% Vit. B12 6% • Biotin 4% • Pantothenic Acid 8% • Phosphorus 4% • Iodine 4% Magnesium 4% • Zinc 4% • Selenium 4% • Copper 6% • Manganese 4% Chromium 2%					