

# Nutrition Facts

Serv. Size 1 Bar (68g)

Calories 240

Calories from Fat 60

\* Percent Daily Values  
(DV) are based on a  
2,000 calorie diet.

6.3 PM

| Amount/Serving                                                                                                                                                                                                                                                                                                                                          | % DV*      | Amount/Serving          | % DV*      | Amount/Serving            | % DV*      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------|------------|---------------------------|------------|
| <b>Total Fat</b> 7g                                                                                                                                                                                                                                                                                                                                     | <b>11%</b> | <b>Sodium</b> 200mg     | <b>8%</b>  | <b>Insoluble Fiber</b> 2g |            |
| <b>Sat. Fat</b> 1.5g                                                                                                                                                                                                                                                                                                                                    | <b>8%</b>  | <b>Potassium</b> 230mg  | <b>7%</b>  | <b>Sugars</b> 21g         |            |
| <b>Trans Fat</b> 0g                                                                                                                                                                                                                                                                                                                                     |            | <b>Total Carb.</b> 41g  | <b>14%</b> | <b>Other Carb.</b> 15g    |            |
| <b>Cholest.</b> 0mg                                                                                                                                                                                                                                                                                                                                     | <b>0%</b>  | <b>Dietary Fiber</b> 5g | <b>20%</b> | <b>Protein</b> 10g        | <b>20%</b> |
| Vit. A 10% • Vit. C 50% • Calcium 25% • Iron 25% • Vit. D 10% • Vit. E 50% • Vit. K 25%<br>Thiamin (B1) 10% • Riboflavin (B2) 15% • Niacin (B3) 15% • Vit. B6 20% • Folate 20%<br>Vit. B12 15% • Biotin 10% • Pantothenic Acid 20% • Phosphorus 10% • Iodine 10%<br>Magnesium 10% • Zinc 10% • Selenium 10% • Copper 15% • Manganese 10%<br>Chromium 4% |            |                         |            |                           |            |